



Lee Kane

Regional Anti-Bullying Coordinator

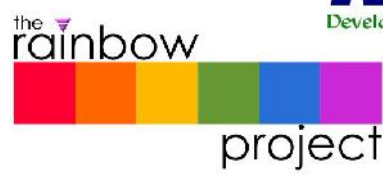


## What is NIABF?

NIABF is a regional forum, bringing together over twenty statutory and voluntary sector organisations, working together to end bullying of children and young people in our schools and in our communities.

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# What is bullying?

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## What is bullying?

NIABF defines bullying as the **repeated** use of **power** by one or more persons **intentionally** to harm, hurt or adversely affect the **rights** and needs of another or others.

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# Labels



**BULLY**

Young person bullying  
another/others



**VICTIM**

Young person  
experiencing bullying

# What does bullying look like?

\* Physical

\* Verbal

\* Exclusion

\* Sexual

\* Cyber

\* Other?

# What does bullying look like?

\* Personal appearance

\* Racist

\* Ability

\* Care Status

\* Sectarian

\* Sexist

\* Disablist

\* Homophobic

\* Transphobic

\* Carer Status





# Values & Ethos

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# Values & Ethos



**RESPECT**



**INCLUSIVE**



**TEAMWORK**



**WELFARE**

# Effective responses to bullying behaviour...



**Keep Children and Young People Safe** !

Access full resource at [www.niabf.org.uk](http://www.niabf.org.uk)



# A Restorative Ethos

- \* Is about developing, maintaining and repairing positive relationships
- \* Is about helping young people (and adults!) learn and develop the skills to make good choices now and throughout their lives
- \* Enables us to acknowledge when we have harmed someone and think about what to do to put it right
- \* Encourages us to consider our feelings and those of others (emotional well being)
- \* Encourages us all to consider our behaviour and the effect it has on others

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## 5 Restorative Questions

- \* Tell me what happened.
- \* What were you thinking that led you to behave that way?
- \* Who have been affected by what you have done?
- \* Can you tell me how that person has been affected by your behaviour?
- \* What do you think you need to do to make things right?



## Respecting Rights

“[hurtful behaviour – name it] must stop now. In this club we have the right to be safe and a responsibility to keep others safe. We are all expected to be thoughtful in how we speak to and behave with others”

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## Rule Reminder

Adult: [Behaviour – name it] is unkind and it must stop now. Tell me the rule about how we treat each other?

YP: We are respectful of each other.

Adult: That's right. Good. Now, remember to show respect to others please.

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# Expectation Discussion

<b>Step 1: Gain attention</b>	Jessica, can you come over here please?
<b>Step 2: Prompt expectation</b>	How does this club expect us to speak to one another? (We talk to them with respect)
<b>Step 3: Identify future behaviour</b>	That's right. What are you going to do now? (Try to be more respectful)
<b>Step 4: Praise</b>	Well done. Thank you for choosing to behave respectfully.



# Dealing with Disclosure

## Receive

Listen actively, open body language, accept, non judgemental

## Reassure

The right thing, help is coming, don't promise what can't be delivered

## Respond

Tell what you are going to do and do it. Ensure young person is ok

## Report

As soon as possible report to a relevant person

## Record

Vital – fact, no opinion – When? Where? Who? What?

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# Questions?



Northern Ireland  
Anti-Bullying Forum



[www.endbullying.org.uk](http://www.endbullying.org.uk)

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